

## BOAR'S HEAD CHEESE

Made with three Slices of Cheese

	Sandwich	lb
American Cheese	1.99	5.99
Swiss Cheese	1.99	6.99
Muenster Cheese	1.99	5.99
Provolone Cheese	1.99	6.99
Mozzarella Cheese	1.99	6.99
Cheddar Cheese	1.99	7.99
Monterey Jack Cheese	1.99	7.99



## PASTRY

Cheese Danish	2.00
Strawberry Danish	2.00
Raspberry Danish	2.00
Apple Turnover	2.00
Brownie	2.00
Cinnamon Bun	2.00
Chocolate Chip Cookie	2.00
Linzer Tart	2.00
Black & White Cookie	2.00
Muffin	2.00



## DESSERTS

Cheese Cake	2.75
Carrot Cake	2.75
Tiramisu	2.75
Chobani Yogurt	2.49

## HOT BEVERAGES

	12.oz	16.oz	20.oz
Regular Coffee	1.25	1.50	1.75
Regular Tea	1.25	1.50	1.75
Flavored Tea	1.50	1.75	2.00
Hot Chocolate	2.00	2.25	2.50
Cappuccino	2.00	2.25	2.50

## COLD BEVERAGES

	16.oz	20.oz	24.oz
Iced Coffee	1.50	1.75	3.00
Blended Ice Coffee	3.49	4.49	5.49
Milk Shakes	3.49	4.49	5.49
Smoothie	3.49	4.49	5.49
Fresh Juices	3.49	4.49	5.49



(Call in for extra options)

\* TAX, PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE

## SALAD STATION

Create Your Own Salad with Choice of Greens, Toss-Ins & Dressing

\$5.99 Small Salad (Create Your Own) 3 toppings

\$6.99 Large Salad (Create Your Own) 4 toppings

### ROMAINE LETTUCE • ICEBERG • SPINACH

- Cherry Tomatoes
- Cucumbers
- Peppers
- Carrots
- Celery
- Broccoli
- Green Olives
- Black Olives
- Chopped Egg
- Walnuts
- Sun Dried Tomatoes
- Cranberry
- Corn
- Roasted Peppers
- Jalapenos
- Feta Cheese
- Cheddar Cheese
- Onions
- Mushrooms
- Tomatoes
- Crouton
- Raisin

EXTRA TOPPING -ADD .50C  
ANY MEAT PRODUCTS- ADD \$2.00

- Grilled Chicken
- Breaded Chicken
- Turkey
- Ham
- Tuna
- Chicken Salad
- Egg Salad
- Bacon

### SALAD DRESSING

- Italian
- Blue Cheese
- Honey Mustard
- Balsamic Oil
- Fat Free Italian
- Russian
- Ranch
- Caesar
- Oil & Vinegar
- Fat Free Italian
- Creamy Italian

### SALADS ON A BAGEL

	Sandwich	Per lb.
Tuna Salad Sandwich	5.49	11.59
Vegetable Tuna Salad Sandwich	5.49	11.59
Chicken Salad Sandwich	5.49	11.59
Egg Salad Sandwich	4.25	8.99
Baked Salmon Salad Sandwich	5.49	11.59
White Fish Salad Sandwich	5.49	11.59
Chopped Herring Salad	5.49	11.59



# Forest Hills Bagels



**HAND ROLLED BAGELS  
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**FREE DELIVERY**



## OMELETS

All omelets served w/ 3 eggs and buttered toast

Cheese Omelet (3 eggs and cheese)	3.49
Ham & Cheese Omelet (Ham and cheese)	5.49
Western Omelet (Peppers, onion, tomato, ham, and cheese)	5.99
Swiss Cheese Omelet (Swiss and tomato)	3.99
Italian Omelet (Salami, mozzarella, cheese, tomato and peppers)	5.99
Spanish omelet (Peppers, onion, tomato)	5.49
Greek Omelet (Onion, black olives and feta)	5.49
Lox Eggs & Onion Omelet	8.49



## FROM THE GRILL

Two Eggs on a Bagel	2.25
Two Eggs on a Bagel with Meat (your choice turkey, ham, sausage, bacon or turkey bacon)	3.20
Add cheese	.50
Gemini (2 eggs with ham, bacon and home fries)	6.49
Grand Slam (2 eggs with ham, bacon, pancakes)	6.49
Muscle Man Breakfast (3 egg whites, peppers, onion, tomato)	5.99
Two Eggs & Pastrami	4.99
Hungry Man Breakfast (3 eggs, bacon, sausage, cheese on a hero)	6.49
Pancakes (3 pcs)	3.99
French Toast (3 pcs)	3.99
Home Fries	2.99



## BREAKFAST CEREAL

Kellogg Cereal Cups/Oatmeal	
Oatmeal (extra topping .50)	2.75
Cereal Cup	2.25
Cereal Cup & Milk	2.99

## BAGELS

Bagel	.95
Roll	.95
Flagel	1.25
Twist	1.25
Mini Bagel	.60
Low Carb Bagel	1.25
Bialy	.95
½ Dozen Bagels (1 free)	5.70
Dozen Bagels (3 free)	11.40
Bagel Chips	2.50



## SPREADS ON A BAGEL

Butter	1.25	Sandwich	lb.
Bagel w/ Cream Cheese	1.85		6.99
Bagel w/ Low Fat Cream Cheese	1.95		7.99
Tofu	2.49		8.49
Veggie Tofu	3.49		8.99
Bagel w/ Flavored Cream Cheese	2.75		10.99
Bagel w/ Lox Spread	4.25		9.99
Bagel w/ Nova & Cream Cheese	8.49		11.59
			38.00



## SOUPS

Chicken Noodle Soup	3.75
Chicken Rice Soup	3.75
Tomato Basil	3.75
New England Clam Chowder	3.75

## GRILLED BURGERS & APPETIZERS

Hamburger, Veggie Burger, Turkey Burger	4.99
Cheeseburger	5.49
Bacon Cheeseburger	5.99
Double Twin Burger	6.49
French Fries	3.75
Home Fries	2.99
Mozzarella Sticks (5pc)	4.50
Chicken Tenders (4pc)	5.50
Chicken Wings (4pc)	4.50
Onion Rings	2.50



## SANDWICHES

Turkey Club Sandwich (Turkey, lettuce, tomato, bacon and mayo)	7.99
B.L.T. Sandwich	4.25
Hot Pastrami Sandwich (Hot pastrami, Swiss cheese and mustard)	6.99
Philly Cheese Steak Hero	7.99
Chicken Sandwich (Grilled or breaded chicken, lettuce, tomato and mayo)	6.49
Tuna Melt Sandwich	5.99
Grilled Cheese Sandwich	3.75
American Sub (Ham, turkey, American cheese, lettuce tomato, mayo)	7.99
Brooklyn Bridge Sandwich (Pepper turkey, lettuce, tomato, Russian and Swiss)	7.99

## PANINI SANDWICHES

comes w/ side salad, mac, potatoes and coleslaw

Kiev Panini (Breaded chicken, bacon, Muenster, lettuce, Caesar dressing)	7.99
Zurich Panini (Grilled chicken, roasted peppers, sun-dried tomatoes, mayo)	7.99
St. Petersburg Panini (Roast beef, pepper jack cheese, roasted pepper, onion, mayo)	7.99
El Diablo Panini (chipotle chicken, turkey bacon, Monterey jack, mayo lettuce and tomatoes)	7.99
Canadian Club Panini (Roast beef, turkey, Swiss, coleslaw, mustard)	7.99
Italiano Panini (Ham, provolone, sundried tomato, spinach, onion, mushrooms, mayo)	7.99
Boston Panini (Roast beef, cheddar, tomato, mayo)	7.99
Barcelona Panini (Pastrami, Swiss, honey mustard)	7.99
Time Square Panini (Pepper turkey, bacon, Swiss, coleslaw and Russian dressing)	7.99
Town Panini (Roast beef, bacon, lettuce, onion, bbq sauce and Muenster)	7.99

## WRAPS

comes w/ side salad, mac, potatoes and coleslaw

Chicken Caesar Wrap (Grilled chicken, romaine, lettuce, caesar dressing, croutons)	7.49
Italian Wrap (Grilled chicken, tomato, mozzarella, cheese, pesto sauce)	7.49
Grilled Chicken Wrap (Grilled chicken, onion, peppers, tomato)	7.49
American Wrap (Ham, turkey, American cheese, lettuce, tomato and mayo)	7.49
New York Wrap (Turkey, bacon, lettuce, tomato and mayo)	7.49



## BOAR'S HEAD MEAT

comes w/ side salad, mac, potatoes and coleslaw

	Sandwich	lb
Oven Gold Turkey	5.99	9.99
Honey Maple Turkey	5.99	9.99
Pepper Mill Turkey	5.99	9.99
Ham	5.49	8.99
Chipotle Chicken	5.49	9.49
Roast Beef	6.49	10.99
Pastrami	6.49	10.99
Corned Beef	5.99	9.49
Bologna	4.49	6.99
Salami	5.99	9.99
Beef Salami	5.99	9.49
Chicken	5.99	9.49



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